



**2024/TDC (CBCS)/EVEN/SEM/  
SANHCC-202T/325**

**TDC (CBCS) Even Semester Exam., 2024**

**SANSKRIT**

**( 2nd Semester )**

Course No. : SANHCC-202T

**( Self-Management in the Gītā )**

*Full Marks : 70*

*Pass Marks : 28*

*Time : 3 hours*

*The figures in the margin indicate full marks  
for the questions*

**UNIT—I**

**1. Answer any two of the following questions : 2×2=4**

- (a) Why did Arjuna decline to fight in the battle of Kuruksetra?
- (b) What is the source of the *Gītā*? Who is the speaker in the *Gītā*?
- (c) Who is परन्तप? Why is he called परन्तप?



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2. Answer any *one* of the following questions : 10

- (a) Write a note on selfless action (निष्काम कर्म) according to the *Gītā*, Chapter II.
- (b) How does Lord Kṛṣṇa explain आत्मा in the Second Chapter of the *Gītā*?

## UNIT—II

3. Answer any *two* of the following questions :  $2 \times 2 = 4$

- (a) What do you mean by व्यवसायात्मिका बुद्धि?
- (b) What do you mean by स्वधर्म?
- (c) Translate :

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।

4. Answer any *one* of the following questions : 10

- (a) Discuss the characteristics of स्थितप्रज्ञ.
- (b) (i) Explain : 6

क्रोधाद्भवति सम्मोहः सम्मोहात् स्मृतिविभ्रमः।  
स्मृतिभ्रंशाद् बुद्धिनाशो बुद्धिनाशात् प्रणश्यति॥

(ii) Translate : 4

विहाय कामान् यः सर्वान् पुमांश्चरति निःस्पृहः।  
निर्ममो निरहङ्कारः स शान्तिमधिगच्छति॥

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## UNIT—III

5. Answer any *two* of the following questions :  $2 \times 2 = 4$

- (a) Who is called सन्न्यासी according to the *Gītā*?
- (b) Who is जितात्मा?
- (c) What is समाधि?

6. Answer any *one* of the following questions : 10

- (a) What should be the posture and sitting arrangement for practising meditation?

(b) (i) Explain : 6

जितात्मनः प्रशान्तस्य परमात्मा समाहितः।  
शीतोष्णसुखदुःखेषु तथा मानापमानयोः॥

(ii) Translate : 4

यथा दीपो निवातस्थो नेङ्गते सोपमा स्मृता।  
योगिनो यतचित्तस्य युञ्जतो योगमात्मनः॥

## UNIT—IV

7. Answer any *two* of the following questions :  $2 \times 2 = 4$

- (a) What is the easiest way of controlling the mind?



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(b) Who is steadfast Yogī according to the *Gītā*?

(c) What is ब्राह्मीस्थिति?

8. Answer any *one* of the following questions : 10

(a) Write a note on अष्टांगयोग.

(b) What are the characteristics of परमयोगी?

#### UNIT—V

9. Answer any *two* of the following questions : 2×2=4

(a) What do you mean by self-management?

(b) Who is a devotee according to the *Gītā*?

(c) Write the name of any two Chapters from the *Gītā*.

10. Answer any *one* of the following questions : 10

(a) Write in detail the process of self-management on the basis of the *Gītā*.

(b) What is the importance of योग in self-management? Discuss.

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