

**VAC 101**  
**UNDERSTANDING INDIA**  
**Syllabus**

**Unit- 1: Geographical Features, Ethics and Values in India**

- 1.1 - Physical features of India - Mountain, Plateau, Rivers, Soils, Climate and Island.
- 1.2 - Indian Concept of Values, Basic Values- Upanishad and Bhakt.
- 1.3- Need for Indian Value System

**Unit II: Background of Indian Culture**

- 2.1- Cultural, Linguistic, Ethnic and Religious Unity and Diversity in Indian Culture and Tradition
- 2.2- Harappan Civilizations
  - a. Town Planning
  - b. Social Life
  - c. Economic Life
- 2.3- Vedic Period
  - a. Social Life
  - b. Religious Lite

**Unit III: Religion, Education and Science in Ancient India**

- 3.1- Principles of Hinduism, Buddhism and Jainism
- 3.2- Taxila and Nalanda
- 3,3- Aryabhata, Sushruta and Charaka.

**Unit IV: Nationalistic Ideas:**

- 4.1- Bipin Chandra Paul
- 4.2- Swami Vivekananda
- 4.3- Mahatma Gandhi
- 4.4- Maulana Abul Kalam Azad
- 4.5- Ullaskar Dutta.
- 4.6- Subhas Chandra Bose.

**Unit V: Indian Constitution and Economy**

- 5.1- Basic Principles of Indian Constitution: Preamble, Salient features, Fundamental rights, Fundamental duties
- 5.2- Indian Economy: Kautilya's Economic Ideas, Features of Indian Economy in Pre and Post Globalization period