



**2022/TDC/ODD/SEM/
SANDSE-501T (A/B)/105**

TDC (CBCS) Odd Semester Exam., 2022

SANSKRIT

(5th Semester)

Course No. : SANDSE-501T

Full Marks : 70

Pass Marks : 28

Time : 3 hours

*The figures in the margin indicate full marks
for the questions*

*Honours students will answer Option—A and
Pass students will answer Option—B*

OPTION—A

Course No. : SANDSE-501T (A)

(Art of Balance Living)

UNIT—I

1. Answer any four of the following : 1×4=4

(a) Derive the word 'योगः'?

(b) Fill in the blank :

_____ चित्तवृत्तिनिरोधः।



(2)

- (c) Who is considered the founder of Yoga in India?
- (d) Name the famous work of Patañjali on Yoga.
- (e) What is the meaning of भुजङ्ग in भुजङ्गासन?
2. Answer any *one* of the following : 2
- (a) Which are the eight limbs (अष्टाङ्ग) to Yoga?
- (b) What are the different types of समाधि?
3. Answer any *one* of the following : 8
- (a) “अभ्यासवैरागाभ्यां तन्निरोधः”
Explain in detail how control (निरोधः) of चित्तवृत्तिः can be achieved.
- (b) Explain in detail the significance of अष्टाङ्ग योग.

UNIT—II

4. Answer any *four* of the following : 1×4=4
- (a) How many Sūtras are there in ‘पातञ्जलयोगसूत्र’?
- (b) When is International Yoga Divas held?
- (c) Who is the founder of the ‘Art of Living’ concept in modern India?

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(3)

- (d) Which famous scholar translated the *Yogasūtras* into Persian?
- (e) Fill in the blank :
तीव्रसंवेगानाम् _____ ।
5. Answer any *one* of the following : 2
- (a) Name the different *ṛmās* of *Yogasūtras*.
- (b) What are the three components of Yoga?
6. Explain any *two* of the following : 4×2=8
- (a) प्रत्यक्षानुमानागमाः प्रमाणानि ।
- (b) शब्दज्ञानानुपाती वस्तुशून्य विकल्पः ।
- (c) विपर्ययो मिथ्याज्ञानम् अतद्रूपप्रतिष्ठम् ।

UNIT—III

7. Answer any *four* of the following : 1×4=4
- (a) “तस्य वाचकः प्रणवः”—What does the word ‘प्रणव’ mean here?
- (b) What is अविद्या according to पतञ्जलि?
- (c) Is ईश्वर accepted in Yoga Darśana?

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(4)

- (d) Name the commentary on *Yogasūtras* written by वाचस्पतिमिश्र.
- (e) What is अस्मिता according to *Yogasūtras*?
8. Answer any *one* of the following : 2
- (a) What are the five causes of suffering (क्लेशः)?
- (b) What are रागः and द्वेष according to Patañjali?
9. Answer any *one* of the following : 8
- (a) Discuss in detail how Yoga can improve human behaviour and give a balanced life.
- (b) Write an essay on how Yoga can prevent and also cure many diseases.

UNIT—IV

10. Answer any *four* of the following : 1×4=4
- (a) How many आसनs are included in the सूर्यनमस्कारः?
- (b) Name the four chapters of the *Yogasūtras*.
- (c) What is the meaning of अथ in अथ योगानुशासनम्?

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(5)

- (d) What is the ideal time of the day for practicing Yoga?
- (e) What is the definition of स्मृतिः according to *Yogasūtras*?
11. Answer any *one* of the following : 2
- (a) How many types of वृत्तिः? Name them.
- (b) How many प्रमाणs are accepted in योगदर्शन?
12. Answer any *one* of the following : 8
- (a) Assess the relevance of *Yogasūtras* in modern times.
- (b) Describe the different distractions (अन्तरायः) which impede our concentration (ध्यान) and suggest ways to overcome them.

UNIT—V

13. Answer any *four* of the following : 1×4=4
- (a) What is the definition of स्मृति according to 'योगसूत्रs'?
- (b) How does Patañjali define ध्यान?
- (c) Define धारणा according to 'योगसूत्रs'.

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(6)

(d) How has Patañjali define कैवल्य?

(e) What is the meaning of 'प्राणायाम'?

14. Answer any one of the following :

2

(a) Write the names of any two commentaries on 'योगसूत्र' of पतञ्जलि.

(b) Write the names of any two योगाचार्य of Yoga school.

15. Answer any one of the following :

8

(a) Describe the concept of श्रवण, मनन and निदिध्यासन for betterment of our self-presentation.

(b) Explain with reference to the context :

शौचसन्तोषतपः स्वाध्यायेश्वरप्रणिधानानि नियमाः।

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OPTION—B

Course No. : SANDSE-501T (B)

(Philosophy, Religion and Culture in Sanskrit Tradition)

UNIT—I

1. Answer any four of the following :

1×4=4

(a) Who is the founder of Yoga philosophy?

(b) How many Pramāṇas are accepted by Sāṃkhya school of Indian philosophy?

(c) Who is the author of Sāṃkhakārikā?

(d) Is Īśwara accepted by Sāṃkhya philosophy?

(e) Who is the founder of Nyāya school of Indian philosophy?

2. Answer any one of the following :

2

(a) What do you mean by 'योग'?

(b) What do you understand by Āstika Darśana?



(8)

3. Answer any one of the following :

8

- (a) Elaborate the relation of कारण and कार्य according to Sāṃkhya school of Indian philosophy.
- (b) Describe अष्टाङ्ग योग according to Yoga school of Indian philosophy.

UNIT—II

4. Answer any four of the following :

1×4=4

- (a) Who is the founder of Buddhism?
- (b) How many Pramāṇas are accepted by Cārvāka philosophy?
- (c) How many Tirthankaras are there according to Jainism?
- (d) Who accept शून्यवाद?
- (e) Who is the author of 'षड्दर्शनसंग्रह'?

5. Answer any one of the following :

2

- (a) What is the meaning of Cārvāka?
- (b) What do you understand by अहंत्?

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6. Answer any one of the following :

8

- (a) Discuss the development of Jainism in view of Digambara and Śvetāmbara.
- (b) How many sects of Buddhism are there? Name them. Explain any of them.

UNIT—III

7. Answer any four of the following :

1×4=4

- (a) In which Chapter of *Manusmṛti* Rājadharmā is mentioned?
- (b) Name any two works based on Rājadharmā.
- (c) Name any one commentary of *Manusamhitā*.
- (d) Name any one English translator of *Manusamhitā*.
- (e) Who is the author of *Arthasāstra*?

8. Answer any one of the following :

2

- (a) What do you understand by दुर्ग?
- (b) Write a short note on सृष्टि of king according to *Manusmṛti*.

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(10)

9. Answer any one of the following : 8

- (a) Discuss the importance of 'दण्ड' according to *Manusmṛti*.
(b) Explain the Rājadharmā according to Vidura or Kauṭilya.

UNIT—IV

10. Answer any four of the following : 1×4=4

- (a) What is the meaning of धृति?
(b) What do you mean by सदाचारः?
(c) What do you understand by अहिंसा?
(d) What do you mean by क्षमा?
(e) What is the meaning of सत्य?

11. Answer any one of the following : 2

- (a) What do you understand by इन्द्रियनिग्रहः?
(b) Write a short note on क्षमा?

12. Answer any one of the following : 8

- (a) Define 'धर्म' according to *Manusmṛti*.
(b) Discuss the importance of Tenfold Dharmā in Hindu religion.

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(11)

UNIT—V

13. Answer any four of the following : 1×4=4

- (a) How many Puruṣārthas are there?
(b) Name any two Puruṣārthas.
(c) How many Saṅskāras are accepted in Hindu religion?
(d) Name any two Saṅskāras.
(e) How many Saṅskāras are there before the birth of the baby?

14. Answer any one of the following : 2

- (a) What do you understand by 'काम' ?
(b) How many saṅskāras are accepted by याज्ञवल्क्य? Name any two.

15. Answer any one of the following : 8

- (a) Write a note on Saṅskāra (संस्कार) after मनु and याज्ञवल्क्य.
(b) Write notes on the following :
(i) विवाह संस्कार
(ii) यज्ञोपवीत संस्कार

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