

**2023/TDC(CBCS)/ODD/SEM/
SANDSE-501T (A/B)/105**

TDC (CBCS) Odd Semester Exam., 2023

SANSKRIT

(5th Semester)

Course No. : SANDSE-501T

Full Marks : 70

Pass Marks : 28

Time : 3 hours

*The figures in the margin indicate full marks
for the questions*

Honours students will answer Option—A and
Pass students will answer Option—B

OPTION—A

Course No. : SANDSE-501T (A)

(Art of Balanced Living)

SECTION—A

Answer *twenty* questions, selecting any *four* from
each Unit : $1 \times 20 = 20$

Unit—I

1. What do you mean by Self (आत्मा)?
2. Who is the founder of 'योगदर्शन'?

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3. What is निदिध्यासन?
4. "अथ योगानुशासनम्"—What is the meaning of 'अनुशासनम्'?
5. How many kinds of गुण are there?

Unit—II

6. What is मुद्रा?
7. Write the name of any one Āsana (आसन) which is suitable for meditation.
8. Who is पुरुष or ईश्वर?
9. Write the name of one famous सिद्धयोगी of India.
10. What is मोक्ष according to 'योगदर्शन'?

Unit—III

11. What do you mean by स्वाध्याय?
12. How many सूत्रs are there in समाधिपाद of 'योगसूत्र'?
13. What is सत्य?

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14. What is the posture in शीर्षासनम्?
15. When was the First International Yoga Day celebrated?

Unit—IV

16. What is विकल्प?
17. How many पादs are there in 'योगसूत्र'?
18. What is प्रत्याहार?
19. How many types of शौचs are there in Yoga?
20. Name one Āsana (आसन) which is useful for stomach.

Unit—V

21. Who wrote 'तत्त्ववैशारदी'?
22. What is the meaning of समाधि according to व्यासभाष्य?
23. Which is a meditation posture?
24. What is the meaning of the Sanskrit word 'उत्तान'?
25. Name one योग उपनिषद्.

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SECTION—B

Answer five questions, selecting *one* from each Unit :

2×5=10

Unit—I

26. How many तत्त्वs are accepted in 'योगदर्शन'? Name any one of them.

27. What is आगमप्रमाण?

Unit—II

28. Name any two works on 'योगदर्शन' excluding 'योगसूत्र' of पतञ्जलि.

29. How many types of अन्तःकरणs are there? Name them.

Unit—III

30. What is ईश्वरप्रणिधान?

31. How many क्लेशs are there? Name them.

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Unit—IV

32. "क्लेशकर्मविपाकाशयैरपरामृषः पुरुषविशेषः।"

What is विपाक? What is अपरामृषः?

33. Define प्रमा according to 'योगदर्शन'.

Unit—V

34. What is अनुमानप्रमाण according to Yoga philosophy?

35. What is सम्प्रज्ञात समाधि?

SECTION—C

Answer five questions, selecting *one* from each Unit :

8×5=40

Unit—I

36. Describe the importance of ध्यानयोग for a balanced living on the basis of 'श्रीमद्भगवद्गीता'.

37. Write comprehensive notes on यम and नियम.

Unit—II

38. Write three प्राणायामs and their mode of practice.

39. Discuss the types of functions of mind (चित्तवृत्ति).

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Unit—III

40. Suggest steps and strategies to make Yoga as part of our daily life.
41. Explain the importance of eight components of Yoga.

Unit—IV

42. Elaborate the importance of अपरिग्रह in human life.
43. Suggest some basic Yoga postures (आसन), and describe the method and benefits of practicing these.

Unit—V

44. Describe the concept of मोक्ष according to Yoga philosophy.
45. Write short notes on the following : 4×2=8
- (a) पतञ्जलि
- (b) चित्तभूमि:

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OPTION—B

Course No. : SANDSE-501T (B)

(Philosophy, Religion and Culture in Sanskrit Tradition)

SECTION—A

Answer twenty questions, selecting any four from each Unit : 1×20=20

Unit—I

1. Derive the word 'दर्शन'.
2. How many आस्तिक philosophies are there?
3. Who is जैमिनि?
4. What is प्रमा?
5. Write a commentator's name of 'योगसूत्र'.

Unit—II

6. What is the meaning of the word 'चार्वाकः'?
7. Who is अजितः केशकबली?

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8. Who is ऋषभदेवः?
9. What is विज्ञान in बौद्ध philosophy?
10. What is प्रतीत्यसमुत्पादः?

Unit—III

11. Write the name of कुल्लुकभट्ट's commentary on 'मनुस्मृति'.
12. What is तौर्यत्रिकम्?
13. What does अनुशासन mean?
14. What is the source of व्यसन?
15. Mention the cause of creation of king.

Unit—IV

16. What is शीलः?
17. According to मनु, what is स्मृतिः?
18. What is दमः?

19. What is the another name of ब्रह्मविदिशः?
20. How many धर्म's are mentioned in 'मनुस्मृतिः'?

Unit—V

21. What is त्रिवर्गः?
22. What is the another name of यज्ञोपवीतः ceremony in ancient स्मृति literature?
23. What do you understand by the word 'पुरुषार्थः'?
24. How many संस्कारs are accepted by याज्ञवल्क्य?
25. How many विवाहs are there in Hindu religion?

SECTION—B

Answer five questions, selecting one from each Unit :
2×5=10

Unit—I

26. Write a short note on माया.
27. Write what you know about अवयवs of अनुमानः.

(10)

Unit—II

28. Write a short note on 'सप्ततत्त्वानि'.
29. What do you understand by 'स्वाद्वादः'?

Unit—III

30. How many राजविद्याs are there in 'मनुस्मृति'? Name any two of them.
31. How many दुर्गs are there in 'मनुस्मृति'? Name any two of them.

Unit—IV

32. Write the name of any two धर्मसूक्तs of 'यजुर्वेद'.
33. Write any two names of स्मृतिशास्त्र other than 'मनुस्मृति'.

Unit—V

34. What is 'ब्राह्म्यः'?
35. What are 'वासस्' and 'उत्तरीयः'?

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SECTION—C

Answer five questions, selecting one from each Unit :
8×5=40

Unit—I

36. Describe पदार्थः according to कणादः.

37. How many प्रमाणs are there in न्यायः philosophy? Describe in brief.

Unit—II

38. Discuss 'पञ्चास्तिकायाः' in जैन philosophy.

39. Discuss the theory of 'आर्यसत्त्वानि'.

Unit—III

40. "मन्वर्थविपरीता तु या स्मृतिः सा न शस्यते।"
Explain this statement with reference to the popularity of 'मनुस्मृतिः'.

41. Write in your own words about the nature and functions of the sceptre (दण्डः) after 'मनुस्मृतिः'.

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Unit—IV

42. Discuss the importance of शौचः and इन्द्रियनिग्रहः in religious rituals.
43. What is धर्मः? Discuss according to Manu.

Unit—V

44. Discuss the importance of संस्कारः. Do you agree that संस्कार have a great role in modern society? Justify.
45. Describe the impact of अर्थः and कामः in human society.
